

# Truth or Dare

Truth or dare is the classic party game of embarrassment. A group of people take turns asking each other "truth or dare"?

When someone chooses truth, they must answer the question truthfully regardless of how embarrassing it is.

When someone chooses dare, they are given a task to complete. If they don't like the first dare, they can choose to be given another dare, but they must complete the second dare. You cannot dare someone to answer a question.

From: <https://conversationstartersworld.com/truth-dare-questions/>

## Truth or Dare: Questions List

Who is your crush?

What is your deepest darkest fear?

Tell me about your first kiss.

Who is the sexiest person here?

What is your biggest regret?

Who here has the nicest butt?

What are your top three turn-ons?

Who was the last person you licked?

Have you ever cheated or been cheated on?

Tell me about your most awkward date.

Have you ever made out with someone here?

What are you most self-conscious about?

When was the last time you peed in bed?

What is the biggest lie you have ever told?

What is the most embarrassing picture of you?

Who is the person you most regret kissing?

Tell us your most embarrassing vomit story.

What is the naughtiest thing you've done in public?

What do most people think is true about you, but isn't?

What is the biggest thing you've gotten away with?

What would you do if you were the opposite sex for a month?

What is the most expensive thing you have stolen?

What is the most childish thing you still do?

Have you ever let someone take the blame for something you did?

What do most of your friends think about you that is totally untrue?

Who here would you most like to make out with?

What lie have you told that hurt someone?

What is the meanest you have been to someone that didn't deserve it?

What is something that people think you would never do but you have?

What was the worst encounter you had with a police officer?

What is the silliest thing you have an emotional attachment to?

Where is the strangest place you have peed?

Have you ever crapped your pants since you were a child?

What is the most embarrassing thing your parents have caught you doing?

What secret about yourself did you tell someone in confidence and then they told a lot of other people?

When was the most inappropriate time you farted?

What is the scariest dream you have ever had?

What is the most embarrassing thing in your room?

Why did you break up with your last boyfriend or girlfriend?

What is the stupidest thing you have ever done?

What is the grossest thing that has come out of your body?

What is your favorite thing that your boyfriend or girlfriend does?

What terrible thing have you done that you lied to cover up?

Who have you loved but they didn't love you back?

What is something that you have never told anyone?

What is the most disgusting habit you have?

What pictures or videos of you do you wish didn't exist?

What was the cruelest joke you played on someone?

What is the most embarrassing thing you have put up on social media?

What bad thing have you done that no one else found out about?

What was the most awkward romantic encounter you have had?

What is the grossest thing you have had in your mouth?

Tell me about the last time someone unexpectedly walked in on you while you were naked.

What is the most embarrassing nickname you have ever had?

What is the most embarrassing photo you have on your phone?

Describe your most recent romantic encounter in detail.

What is the weirdest thing you have done for a boyfriend or girlfriend?

Is it true that you (*whatever you or the group suspects they do / did*)?

When was the last time you picked your nose without a tissue?

What do you really hope your parents never find out about?

Tell me something you don't want me to know.

What have you done that people here would judge you most for doing?

If you wrote a romance novel with you as the main character, what would it be like?

What is the most inappropriate place you've fantasized about being intimate?

What's the most awkward thing you've said or done around someone you find attractive?

Have you ever pretended to be someone else online?

Have you ever had a wardrobe malfunction in public? Describe what happened.

Have you ever ghosted someone you were close to? Why did you do it?

What's the most absurd thing you've done because of a crush or partner's influence?

What's a belief or opinion you had when you were younger that you're embarrassed about now?

Have you ever talked smack about someone while they were in earshot without realizing it?

What's the silliest reason you've ever had a fight with someone?

What's the most ridiculous excuse you've made to get out having to do something?

What is the most embarrassing song or artist you secretly love?

Have you ever had a ridiculous misunderstanding with someone because of a text or social media message?

What is your biggest childhood regret?

What do you wish you could take back?

What do wish you were less awkward about?

What's the weirdest thing you've done / you do when you thought no one was watching?

Have you ever pretended to like something just because your crush or friend liked it?

What was one of your "Oh my god, I went too far..." moments?

What is the most ridiculous thing you've convinced someone to believe?

Have you ever accidentally said "I love you" to someone?

What is the most scandalous location you've ever had an intimate encounter?

Have you ever sent a risqué text or photo and regretted it later?

What's the most embarrassing thing you've said during the heat of the moment?

What's the weirdest part of the body you find very attractive?

Have you ever had a crush on someone significantly older than you?

Who was your first movie crush?

Have you ever had a paranormal or unexplainable experience?

What song or line in a song causes or caused you to choke up?

Have you ever had a "romantic" dream about a friend and then found it awkward to face them?

What's the most awkward thing that's happened to you while meeting your partner's family or a friend's family?

What's the biggest secret you have accidentally let slip?

What's the most inappropriate thought you've had during a serious moment?

What lie did you get caught in, and how did you handle it?

What's the most bizarre thing you've done on a bet or dare?

Have you ever pretended not to know something embarrassing that you did?

What's the most unexpected thing that turned you off during a romantic moment?

What's the weirdest conversation you've overheard and pretended you didn't?

### Truth or Dare: Dares List

Serenade the person to your right.

Talk in an accent for the next 3 rounds.

Kiss the person to your left.

Attempt to do a magic trick.

Do four cartwheels in row.

Let someone shave part of your body.

Eat five spoonfuls of a condiment.

Be someone's pet for the next 5 minutes.

Attempt to break dance for 30 seconds.

Let the group give you a new hairstyle.

Do the worm.

Curse like sailor for 20 seconds straight.

Sniff the armpits of everyone in the room.

Dance to a song of the group's choosing.

Take a shower with your clothes on.

Break two eggs on your head.

Do your best impression of a baby being born.

Belly dance like your life depended on it.

Put 4 ice cubes down your pants.

Lick the floor.

For a guy, put on makeup. For a girl, wash off your make up.

Dance with no music for 1 minute.

Try to drink a glass water while standing on your hands.

Let the group pose you in an embarrassing position and take a picture.

Play a song on by slapping your butt cheeks till someone guesses the song.

Give someone your phone and let them send one text to anyone in your contacts.

Depict a human life through interpretive dance.

Drink a small cup of a concoction that the group makes. (Don't make anything that might cause bodily harm. No visits to the emergency room.).

Write something embarrassing somewhere on your body (that can be hidden with clothing) with a permanent marker.

Make every person in the group smile, keep going until everyone has cracked a smiled.

Let the person to your left draw on your face with a pen.

Make up a 30 second opera about a person or people in the group and perform it.

Beg and plead the person to your right not to leave you for that other boy or girl. Weeping, gnashing of teeth, and wailing is encouraged.

Do pushups until you can't do any more, wait 5 seconds, and then do one more.

Sell a piece trash to someone in the group. Use your best salesmanship.

Let the group look through your phone for 2 minutes.

Switch clothes with someone of the opposite sex in the group for three rounds.

Imitate a celebrity every time you talk for three minutes.

Try to juggle 2 or 3 items of the group's choosing.

Stick your arm into the trash can past your elbow.

Walk on your hands from one side of the room to the other. You can ask someone to hold your legs if necessary.

Gargle something that shouldn't be gargled, but won't hurt you.

Get slapped on the face by the person of your choosing.

Grab a trash can and make a hoop with your hands above the trash can. Have other members of the group try to shoot trash through your impromptu trashketball hoop. (No bottles or other injury causing trash should be thrown. Once again, no trips to the hospital please.)

Spin an imaginary hula hoop around your waist for 3 minutes while the game continues.

Imitate popular YouTube videos until someone can guess the video you are imitating.

Seduce a member of the same gender in the group.

Compose a poem on the spot based on something the group comes up with.

Poll dance for 1 minute with an imaginary pole.

Attempt to walk on your hands for as far as you can (don't break anything with your feet).

Choose someone from the group to give you a spanking.

Post an extremely unflattering picture of yourself to the social media outlet of your choosing.

Make a funny face and keep making it for 2 minutes while the game continues.

Imagine something in your room. Now spell it with your nose and keep spelling it with your nose until someone from the group guesses what you are trying spell.

After the group chooses one rude word, sing a song and insert that rude word once into every line of the song.

Drag your butt on the carpet like a dog from one end of the room to the other. You'll need to be wearing shorts or pants for this one.

Open a bag of snacks or candy using only your mouth, no hands or feet.

Bend at the waist so that you are looking behind you between your legs. Now run backwards until you can tag someone with your butt.

Make a tea out of something that isn't tea (but isn't dangerous / toxic) and drink it.

Go to the bathroom, take off your underwear and put it on your head. Wear it on your head for the rest of the game.

Act like whatever animal someone yells out for the next 1 minute.

Eat one teaspoon of the spiciest thing you have in the kitchen.

Transfer an ice cube from your mouth to the person's mouth on your right.

Call the 7th contact in your phone and sing them 30 seconds of a song that the group chooses.

No talking. Pretend to be a food. Don't pretend to eat the food, pretend to be the food. Keep pretending until someone in the group guesses the food you are.

Drop something in the toilet and then reach in to get it.

Find the person whose first name has the same letter as your first name or whoever's first name's first letter is closest to yours. Now lick their face.

Sit in a spinning chair and have the group spin you for 30 seconds. Might help to hold a trash can just in case.

Jump up and down as high as you can go for a full minute.

Let two people give you a wet willy at the same time.

Sing a praise song about a person of the groups choosing.

Sing a nursery rhyme in a funny style.

Have a mystery taste test, where you are blindfolded and the group chooses three safe, edible things for you to guess what they are.

Be a human sundae, make a sundae (or whatever desert the group can cobble together) in your hands and the group will eat out of your hands.

Create a lame superhero out of random things around the house. And do lame super hero stuff I guess?

Have a rap battle with the person to your left.

Put on a popular song, dance to like your parents dance or at least how you imagine they dance.

Hula hoop without a hula hoop for a minute.

Make a sandwich blind folded using only your hands. Then eat it.

Create a hat out of aluminum foil and wear it proudly, explaining its 'unique' features.

Have the group pick out five emojis, you then must act out each of the emojis.

The group will do a fashion walk while you describe, in breathless detail, their clothes.

Create a secret handshake that involves at least five different moves.

Thumb wrestle the person to your right. To make it interesting, add some cooking oil.

Wear socks on your hands and attempt to perform a simple task. The group decides the task.

The group decides your new catchphrase, you have to say it on command and after you say anything. This lasts for two rounds.

Invent a new dance move and teach it to everyone.

Let the group dress you up in random clothes and accessories they find in the house. Keep the outfit on for 5 rounds.

Pretend to be a frog and try catching flies (ripped up pieces of paper) with your tongue when they dropped down above you.

Let the group give you a new first and last name.

Tell the fortune of everyone in the group. Be as dramatic as possible.

Exercise nonstop until you break a sweat.

Pretend you're a detective and interrogate someone about a crime.

Post a picture or video to social in the style of the group's choice.

Give everyone in the group a prolonged heartfelt hug. Only let go when they say it's getting uncomfortable.

Get into the most complicated yoga pose you can without hurting yourself.

Get the group to put on the most romantic cheesy song they can find and slow dance for one minute with the person to your left.

Welcome to my TED Talk. Give a one-minute speech on a subject you know a lot about.

Suddenly, hide and seek. You have 15 seconds to hide. The group will hunt you down. If they find you within 30 seconds you must do two more dares.

Let the group pose you for a picture. You only move where they move you and hold that pose.

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